



Post 6



Unit 6

# Hillsboro Legion Legends

## April 2018

April 3	Legion E-board	6 PM
April 7	Hamburger/ Hot Dog/ Bingo Night	6 PM
April 10	Potluck	6 PM
	Hillsboro Police Chief	7 PM (Guest Speaker)
	Post Meetings	7:30 PM
April 14	Ahi Tuna Dinner	6 PM
April 20	Newsletter articles due	
April 25	Newsletter fold and tape	10 AM

### Hillsboro Post 6 Directory

285 W. Main Street  
Hillsboro, Oregon 97123



Post 6 (503) 648-7191	Chaplain
Leave a message	Lynn Hamm (503) 681-7600
Post 6 Commander	Auxiliary President
Robert Gnos (503) 647-2937	Debra Ashe (310) 502-3991
Vice Commander	S.A.L. Commander
Tim Pierce (503) 809-9900	Rob Liebenow (503) 826-5877
Post Adjutant	Newsletter Editor/Publisher
Dave Bogner (503) 443-9089	Mike Marusa (503) 913-1714

## Commander's Message



Thank you to all our members that renewed your 2018 dues. With your effort and the new members we have reached our goal of 215! We continue to push on adding to the strength and power of the American Legion. In Washington County there are 35,000 veterans of which there are about 3,000 Legionnaires. Nationally about 2 million Legionnaires unite in the strength of the American Legion. The Legion voice can be heard in Congress standing up for Veteran's rights, National defense, training youth in principles of Justice, Freedom, and Democracy, and defending the Constitutional rights of American citizens. You're an important part of our future by getting involved at any level.

The Children and Youth of this Nation need your help. This only requires one thing-Time! If you have children, grandchildren, or just know or meet a child, spend some time with them. Show your principles of Justice, Freedom, and Democracy with them. Teach them History, Giving, Ancestry, Government, and the American principles of honor and respect. Schools spend 900+ hours a year with our children. We can help even more!

Woman veterans are an increasing portion of Veterans that we serve. In the past this group had been underserved by the VA. The situation is being improved, but there is still room for more of it. Women have been part of the American Legion for decades and they will continue to be a strong force in the Legion for centuries!

*Bob Gnos- Commander*

## KUDOS

The post extends kudos to Dave Bogner, Tim Pierce, and Rob Liebenow for their work to strip and re-wax the Main Hall.

The post would also extend kudos to the following members for their contributions to the Window Replacement fund; Jack Ney, Mike Boyles, Mike Marusa, and Rob Liebenow

These contributions have allowed us to replace the Lounge area windows as part of that project.

Additional kudos to Paul Bedard, Steve Michels, Mike Marusa, and our newest helper Lynn Hamm for sorting and storing flags. And of course Steve Sinclair who manages the supply of flags and their distribution.

Diane Marusa and Tim Pierce are my newsletter proofreaders and they deserve kudos for their efforts.

Finally, kudos to Joanne Ostlund, Blanche Anderson, and Deb Ashe for their assistance in preparing the newsletter at fold and tape day! It turns a 4 hour job into about 1 hour.

I know I've missed someone, so give me a shout out if there is anyone you'd like to send kudos to!

*Mike Marusa—Editor and E-board member (at large 3 yr term)*

## Chaplains Corner

We live in challenging times. War, natural disasters, loneliness, addictions, relationship problems, etc. The list could go on and on. But honestly, it was pretty much the same in the first century and it has remained about the same throughout history. This got me to thinking about how I, and perhaps we, could or should respond.



Jeremiah 29:11 says “For I know the plans I have for you,” says the Lord. “They are plans for good and not for disaster, to give you a future hope.” NLT

During troubling times God speaks to us of hope. And He directs us to speak words of hope and encouragement to others. We need to understand this one very important truth.

God is FOR us! He is NOT against us.

We must not yield to discouragement, but instead, go to God in prayer.

If you are in a physically or emotionally difficult spot right now, may I encourage you to look to God and refuse to be discouraged. Ask the Lord to reveal His will and plan for your life and then simply trust Him to do so. If you think I/we can help in some way, please give us a call. That's what we're here for.

P.S. please contact me if you become aware of any illness or the passing of a member of our Post. My phone number is listed on this newsletter and if I don't answer right away, please leave a message. I promise I will respond. Thank you.

Blessings,

*Lynn Hamm-Chaplain*



\$8.00/  
dinner

Ahi Tuna Dinner  
April 14, 2018  
6:00 PM (1800 hrs.)  
Shrimp Delight Salad  
Ahi Tuna  
Roasted Vegetables  
Desserts



RSVP at  
Post or  
call Bob  
Gnos

503-647-2937

## Hillsboro Firefighter of the Year 2017



Commander Gnos reads the citation for Firefighter of the Year 2017 as Chief David Downey looks on.



Firefighter of the year Daniel King's acceptance speech



Hillsboro firefighters dig in to their Annual Dinner.

The American Legion  
**LEGISLATIVE  
AGENDA**  
for the 115<sup>th</sup> Congress

2<sup>nd</sup> Session

Updated March 22, 2018

*The American Legion is the voice of 2 million American veterans and servicemembers. As a resolution-based organization, The American Legion's positions represent the views of its members and are based on our four pillars: Veterans Affairs & Rehabilitation, National Security, Americanism, and Children & Youth*

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Washington, D.C. 20006

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700 N. Pennsylvania St.

Indianapolis, IN 46204

317.630.1200

**[www.legion.org](http://www.legion.org)**



## Protecting the American Flag

The American Legion strongly believes the flag is a symbol of our nation's freedom and all that we hold in common as Americans, secured by the servicemen and women who sacrificed so much for all citizens. That is why The American Legion continues to urge Congress to propose and approve an amendment to the U.S. Constitution that would allow Congress to prohibit the physical desecration of the flag of the United States, our nation's enduring symbol of unity and freedom. Our belief is not to silence those who protest perceived injustices. Americans have the right to voice their views in respectful ways. We are not alone in this belief. The U.S. House of Representatives has routinely passed such an amendment. Every state has endorsed such a resolution. And surveys show that a majority of Americans agree that the flag should be protected. Rather than fearing such a constitutional amendment, members of Congress concerned about supporting the amendment should embrace it. The proposed flag protection amendment does not infringe on the Bill of Rights. Instead, it is a wonderful exercise in the popular sovereignty the Bill of Rights was designed to protect. Please support and cosponsor H.J. Res. 61 sponsored by Rep. Steve Womack, R-Ark., or S.J. Res. 46, sponsored by Sen. Steve Daines, R-Mont. *(Resolution 303)*

## Support VA's suicide prevention efforts

As our nation deals with the effects of nearly two decades of war, the need for mental health services for our veterans will no doubt increase in the years to come. It is imperative to combat VA's staffing shortage by increasing recruitment and retention budgets, while also expanding direct hiring authority to medical center directors to expedite the hiring process of mental health professionals. All health care possibilities should be explored and considered to find the appropriate treatments, therapies and cures for veterans suffering from visible and/or invisible wounds. The American Legion strongly advocates for complementary and alternative therapy and urges Congress to provide VA the necessary funding to increase its Integrative Health and Wellness Program. *(Resolutions 28 and 165)*

## Limit outsourcing, unify VA's programs

Continued focus is needed to ensure VA can meet challenges in delivering high-quality, timely benefits and health care to veterans. In 2018, critical policy choices must be made, primarily the future of the Veterans Choice Program, which expires in August. A community care option is now a basic expectation for enrollees in VA's health-care system. Excessive outsourcing would render VHA too small to function economically or preserve quality of care and essentially dismantle it. Congress should pass legislation to unify VA's multiple non-VA care programs with VA as the coordinator and guarantor of care. *(Resolution 372)*

## Fully fund a superior national defense as the global war on terror continues

It is critical to maintain a well-funded national security strategy to ensure a strong national defense. The United States must enhance foreign policy, improve military intelligence, and increase cyber operations and capabilities. The American Legion advocates for a good quality of life for our troops and an improved transition process from military service to civilian life. The Legion vows to fight against those who desire to reduce the benefits of veterans, servicemembers, and their families to obtain short-term budget gains. *(Resolutions 17 and 86)*  
. *(Resolution 85)*

## **Create lifetime electronic health record**

The American Legion supports VA in finally implementing a quality lifetime electronic health record (EHR) system that works in concert with the Department of Defense system to ensure that veterans' medical documents transfer seamlessly from active service to VA and community providers. *(Resolution 83)*

## **Reclassify cannabis for medical research**

The American Legion supports increased research into cannabis as part of the larger effort to develop complementary and alternative treatments and therapies. Cannabis is classified as schedule I drug and drugs such as cocaine, methamphetamine and methadone are classified as schedule II drugs. The American Legion urges Congress to amend legislation to remove Cannabis from schedule I and reclassify it in a category that, at a minimum, will recognize cannabis as a drug with potential medical value, and further urge the Drug Enforcement Agency to license privately-funded medical cannabis production operations in the United States to enable safe and efficient cannabis drug development research. *(Resolutions 11,160,165)*

## **Institute gender-specific health care for women veterans**

Women veterans face remarkably different experiences than their male counterparts when transitioning in and out of combat roles, in between services or back to civilian life. VA must ensure an improved quality of life for women veterans with gender-specific health care to meet their needs. *(Resolution 147)*

## **Support those who care for wounded veterans**

There are 5.5 million caregivers who go unnoticed while they care for America's wounded. Military caregivers suffer higher rates of depression and health problems than others. The American Legion is committed to supporting these hidden heroes. *(Resolution 146)*

## **Defend veterans education benefits**

As the primary author of the original GI Bill, The American Legion continues to focus on the sustainability of this important earned benefit, while ensuring that veterans receive the most benefit possible from it. *(Resolution 349)*

## **Repeal unfair offsets that penalize disabled veterans and widows**

Many military retirees must forfeit some of their retirement pay to receive their VA service-connected disability compensation. It is equally outrageous VA survivor benefits (DIC) are offset from military Survivor Benefit Plan annuities. The American Legion supports legislation to repeal both of these unjust offsets. *(Resolutions 85 and 224)*

## **Ensure those returning from active duty retain re-employment rights**

The Uniformed Services Employment and Re-employment Rights Act protects the rights of servicemembers to be re-employed after returning from active duty, including reserve or National Guard members. The American Legion wants to prohibit employers from pressuring a veteran into waiving his or her veteran's employment rights and protections. *(Resolution 315)*

## **Continue funding programs to end veterans homelessness**

To fully implement VA's pledge to eradicate veterans homelessness, Congress must continue making responsible investments in affordable housing and programs such as Supportive Services for Veteran Families that move veterans and their families off the street and into stable housing. *(Resolution 340)*

## **Provide mandatory end-of-service exams for reservists**

Active-duty servicemembers have the right to physical examinations when separating. After all, servicemembers retiring from active duty are required to have such examinations. This same right to an end-of-service exam is only partially authorized for reserve component servicemembers. This unfair treatment must be changed

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## POST MEMBERSHIP REPORT

Congratulations, we made it. We have reached our 2018 membership goal of 215 but let's not stop now. I know that I nag a lot about membership but that is my job. We should reach a membership of over 240 if everyone would renew. Membership is the most important program for any organization, without it we can not promote and run our programs. At a National level we help thousands of veterans and their families each year. Just think of all the youth programs we support. We reach thousands of young people just within Legion Baseball, add to that the numbers we reach in scouting, boys state, law enforcement career camp, high school oratorical and jr. shooters. Your \$45 a year goes a long way, so don't think your dues will not be missed.

## WASHINGTON DC

I was in Washington DC in February visiting our representatives and senators, our numbers make a significant impact on them as well. I personally met with Congresswoman Bonamici, Congressman Blumenauer, and Senator Merkley and they are all very interested in what The American Legion is doing for our Nation's veterans. While there I had the privilege to set in on the National Commander's testimony before the Joint Committee on Veteran's Affairs. Everyone seems to be behind The American Legion and support our efforts in meeting the needs of our veterans. This all goes right back to membership; **YOUR MEMBERSHIP DOES COUNT.**

## SONS of THE AMERICAN LEGION

After speaking to our Detachment Commander, I have decided to try and keep Squadron #6 going for a few more years. Hopefully we can start to grow and contribute to the goals and aims of The American Legion. If you have sons or grandsons from newborn to 99, why not sign them up and make them part of our Legion family? SAL dues are just \$15 a year. Give me a call at 503-826-5877 or stop by the post and pickup an application. You can also find an application on our Post web site. *Rob Liebenow—Membership Chair; SAL Commander*

### Post 6 Officers 2017-2018

- Commander: Bob Gnos
- Vice Commander: Tim Pierce
- Adjutant: David Bogner
- Post Finance Officer: Bill Helmkamp
- Chaplain: Lynn Hamm
- Sergeant-at-Arms: Sheryl Loberger
- E-Board (1 year term): Doug Lund
- E-Board (2 year term): Paul Bedard
- E-Board (3 year term): Mike Marusa

### Unit 6 Officers 2017-2018

- President - Debra Ashe
- Vice President -Carol Stoeckel
- Treasurer - Linda Liebenow
- Secretary - Joanne Ostlund



Happy Spring. This month is full of holidays. For some people, it is Palm Sunday, Good Friday, and Easter. For the Jewish community, it is Passover. Whatever holiday you celebrate, I hope that you will enjoy it.

The next three months will be busy for the Auxiliary. April is nominations, May is the critical voting, and June is the installation. We are hoping to have a ballot that has more than one person running for the offices. If that is the case, the names of the officers that are running against each other will be listed in the May newsletter. Hoping to have a lot of our members at our meeting to be able to vote. If there is a ballot with only one person per officer, then there will be no voting. We are hoping that there will be nominations from the floor to add at the April meeting. If you want to run for an office, and can not show up at the April meeting, please call me and leave me a message at (310) 502-3991 or e-mail me at [debraashe70@gmail.com](mailto:debraashe70@gmail.com) .

For those members that missed the meeting in February and March, we enjoyed helping the Post be the host to the Police Officer of the Year and the Firefighter of the Year for Hillsboro. That is a great time for all.

I would like to thank Carol for cooking at the Birthday Dinner we had on March 17th. The swiss steak, salad, peas and mashed potatoes were very tasty.

Be thinking about our Poppy Program. We will have a sign-up sheet ready for signatures at the April meeting (as soon as I get a secure place and dates. I would like to see more than two of our Auxiliary members and 1 or 2 Post members helping out this year. Also, something else to think about is Convention. It is in June and all who go will see how our Auxiliary Department works and have fun while there and learning.

Also, in June is Girls State. As you know I was a County Mom last year and I am asking more members to join in. If you can not make it for the week, at least come on the Wednesday during the week for the reception. More to follow.

Please call me at (310) 502-3991 anytime for more information.

Until next month,

*Deb Ashe - Auxiliary President and Poppy Chair*

**PS: The White Flannel Tablecloths that are used on the food tables in the Post Hall are part of the Auxiliary property. We paid for them to be used in the Hall. They are not the disposable kind that are just thin plastic.**

**PLEASE DO NOT THROW THEM AWAY.**

Hillsboro Post 6 Directory

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Leave a message

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Mike Marusa (503) 913-1714

Meeting

Drawing

Daniel Stinchfield won the \$60.00 drawing by simply attending the March Post Mtg., Come see what's up with your Post and maybe you will be the next \$60.00 winner!



Like us on  
Facebook

Please login and LIKE us. Search for our Site:

Hillsboro Post No.6 American Legion

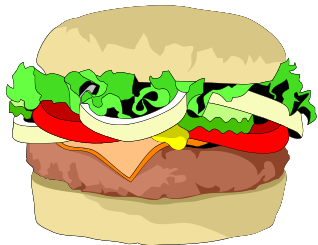
Post 6 Web site

The Post web site is now officially on line! Thanks to *Tim Pierce* for setting up the domain and service. In the meantime, if any member has pictures or insights into Post 6 history, please send them to me. We can include them on the website!

<http://hillsboropost6.org/>

Instagram site

"Hillsboro.post6"

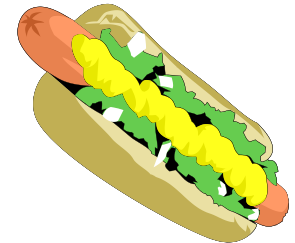


Burgers and dogs \$2.50

Hamburger/Hot Dog/Bingo

Saturday Night

April 7, 2017



Soft drinks in the lounge for \$1.

Food and drink served 6-630PM

10 cent BINGO starts @ 630

\*\*\* Please remember, no outside drinks are allowed! \*\*\*

# April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Post E-board 7PM	4	5	6	7 H/H/Bingo 6PM
8	9	10 Potluck 6PM Speaker 7 PM Meetings 7:30	11	12	13 DEC Day 1 Ontario # 67	14 DEC Day 2 Ahi Tuna Dinner 6 PM (RSVP)
15 DEC day 3	16	17	18	19	20 Newsletter items due	21 Ahi Dinner 6 PM (RSVP)
22	23	24	25 Newsletter fold & Tape @ Joanne's house 10 AM	26	27	28
29	30					



**The American Legion  
Hillsboro Post No. 6  
285 W. Main Street  
Hillsboro, Oregon 97123**

**Non Profit  
US Postage  
PAID  
Permit No. 260**

**«First Name» «Last Name»  
«Address»  
«City», «State» «Zip code»**

Please patronize these businesses that have assisted the Post in our endeavors!

Hillsboro Appliance Repair

123 NW Garibaldi St.  
Hillsboro, OR 97124  
(503) 547-0457

Mike and Debbie's Produce

2330 NW Cornelius-Schefflin Rd.  
Cornelius, OR 97113  
(503) 359-4739

Parr Lumber

5600 NW Five Oaks Dr.  
Hillsboro, OR 97124  
(503) 645-5545

Kuzman Forest Products

427 SW Wood St  
Hillsboro, OR 97123  
503) 640-8828

Sherwin-Williams Paint

348 NE 10th Avenue  
Hillsboro, OR, 97123-4204  
(503) 640-2772

The Sign Company

176 NE 3rd Ave.  
Hillsboro, OR 97124  
(503) 640-6011

The Home Depot

1950 SE Minter Bridge Rd  
Hillsboro, OR 97123  
(503) 693-9090